



*An answer is an invitation to stop thinking about something, to stop wondering. Life has no such stopping places. Life is a process whose every event is connected to the moment that just went by. An unanswered question is a fine travelling companion. It sharpens your eye for the road.*

- Rachel Naomi Remen

## **Mascha Heck – N Vision Learning Consultant Profile**

Mascha started working with N Vision Learning in 2008 and leads teambuilding, leadership development, moderation and outdoor experiential events as well as performance coaching sessions.

Since 2003, Mascha has led programs for international organizations in industries ranging from telecoms to technology, pharmaceutical to banking and finance.

Her educational background combined with her international consulting experience gives Mascha the ability to diagnose complex issues on the ‘people’ side of business. She develops pragmatic learning solutions to encourage open dialog and deeper awareness of behavioral patterns, to effectively lead change and improve performance.

Mascha strongly believes that effective leadership starts with personal mastery. Developing self-awareness is vital to learning to lead from your strengths, being aware of your behavioral patterns and developing strategies to not let your weaknesses become a limitation. This helps you develop a much deeper level of understanding of the assumptions you make about how you influence, lead and interact with others.

## **Educational Background**

Diploma in Pedagogics (economics, psychology and adult education), University of Cologne  
NLP Master, ife St. Gallen  
Group Dynamics, Communication, Project Management, Moderation & Presentation, SK Foundation  
Teamwork & Teamplay, Jim Cain, USA  
High-Ropes-Course Trainer, faszinatour

## **Additional Information**

Mascha, born in 1976, is a native German speaker, fluent in English and French and resides in Chur, Switzerland. She enjoys reading, travelling, riding her racing bike, backcountry skiing and these precious moments of life like cooking a special dish with friends having a mind-opening conversation.